

# Grilled Fish & Chips with Greens



## Ingredients

4 Fish Fillets	1 Cucumber Continental
4 Potato Brushed large	1/2 cup PRAISE Whole egg
16 Green Beans	Lite mayonnaise
2 Celery	2 Lemon
1 green Capsicum	2 Ltr CRISCO SUNOLA Oil

## Method

Pre Heat CRISCO SUNOLA oil to 180c. **Prepare Chips** - Wash & Cut each Potato into 6 large pieces (thick chips). **Greens** - Clean & cut Green vegetables to all the same length. Cook chips in CRISCO SUNOLA Oil. While the Chips are cooking Pan Fry or Grill the Fish Fillets.

Arrange Fish Chips & Greens on to a serving dish, put PRAISE Whole Egg Lite mayonnaise in side dish for dipping Greens & Chips, garnish with Lemon 1/2

Serves 4

For more information contact our Advisory Line on 1800 025 066.

