

# margarines

# & spreads

MeadowLea

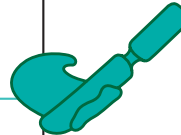


GOLDEN  
AWARD



MEADOW MAID  
SPREAD

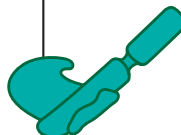
products



brand



product **fact** sheets



# margarine & spreads

## products

### table margarines

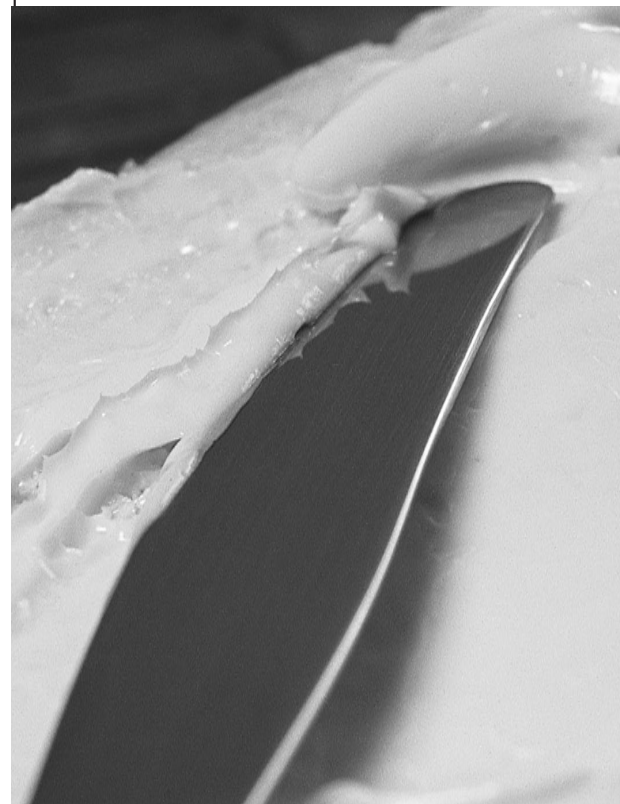
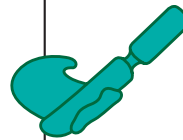
Meadow Lea Spread 250g, 500g and 1kg  
 Meadow Lea salt Reduced Spread 500g and 1kg  
 Mrs McGregor's Spread 500g and 1kg

### catering margarine

Meadow Lea Catering Margarine 3.5kg and 5kg  
 Meadow Maid Spread 15kg  
 ETA Golden Award Catering Margarine 1kg and 10kg

### portion control margarines

Meadow Lea Portion Control Margarine 10g  
 Meadow Lea Canola Portion Control Margarine 10g  
 Meadow Lea Free Portion Control Margarine 10g



## MeadowLea

Australia's favourite polyunsaturated spread. Meadow Lea offers a broad range of applications where flavour and health are paramount. The perfect partner in the preparation of quality foods.



Approved by the National Heart Foundation, cholesterol free Gold'n Canola contains a balanced amount of Omega 3 and Omega 6 essential which your body needs daily. Omega 3 and 6 have found to be beneficial to heart function and general well being. Gold'n Canola has 57% less saturated fat than butter.



Meadow Maid is a premium vegetable based margarine with a unique formulation allowing it to have unmatched versatility. With a strong butter profile, Meadow Maid is the ideal butter replacer. Meadow has great whipping properties, sensational taste and is at home in the kitchen or the bakery.



A brand, which offers the best balance between quality and price. ETA is backed by years of experience, a true Aussie legend.

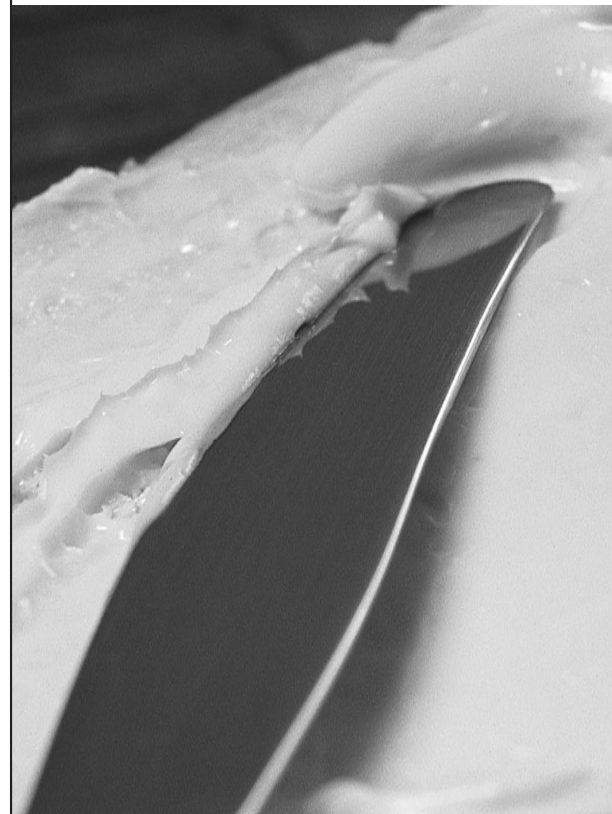


A full flavoured margarine that offers versatility and economy for a broad range of culinary applications.



A versatile table margarine that offers great value.

## brands



MeadowLea

product

**Meadow Lea Spread Cholesterol Free****Description:**

Meadow Lea Sunflower and canola oil spread. Cholesterol free.

**Ingredients:**

Contains vegetable oils (sunflower oil\* 36%, canola oil\* 21%), water, salt, skim **milk** powder and **whey** powder, emulsifiers (**soybean**, lecithin, 471), food acid (citric), colour (beta-carotene), flavour, vitamins A&D.

**Application:**

Offers a broad range of applications where flavour and health are paramount. Use as a spread on sandwiches, wraps etc. use in creams and fillings, for shallow frying, sauteing, in baking or as an ingredient.

**Features & Benefits:**

Meadow Lea contains the goodness of sunflower and canola oils, making it an easy way for people on the go to get the right kind of fats in their diet, that are essential for growth and development.

- Rich in Omega 3 & 6.
- Cholesterol free.
- Premium polyunsaturated spread.
- Ideal as a sandwich spread or for shallow frying, sauteing, in baking or as an ingredient.
- Great taste.



## fact sheet

**Sensitive Population:**

Contains milk and soy products.

**Temperature stored at:**

Keep refrigerated under 6°C.

**Shelf life:**

9 months portions 6 months.

**Nutritional Information**

	per 100g
Energy	2620kJ (627Cal)
Protein	<1.0g
Fat, Total:	70.0g
Saturated	19.0g
Trans**	0.63g
Polyunsaturated	29.4g
Monounsaturated	21.0g
Cholesterol (mg)	NIL
Carbohydrates:	<1.0g
Sugars	<1.0g
Sodium	790mg
Vitamin A	1000ug
Vitamin D	10ug
Potassium	14mg
All specified values are averages.	
**Virtually free of trans fatty acids.	

Product Code	Product Description	Weight	Pack Size	Carton Size
*44332	Meadow Lea Spread	250g	40	40 x 250g
*107106	Meadow Lea Spread	500g	12	12 x 500g
*44330	Meadow Lea Spread	1kg	12	12 x 1kg
<b>*Retail Line</b>				

MeadowLea

product

**Meadow Lea Spread Salt Reduced****Description:**

Meadow Lea Salt reduced sunflower and canola spread.

**Ingredients:**

Contains vegetable oils (sunflower oil\* 36%, canola oil\* 21%), water, salt, skim **milk** powder and **whey** powder, emulsifiers (**soyabean**, lecithin, 471), preservative (202), food acid (citric), colour (beta-carotene), flavour, vitamins A&D.

**Application:**

Ideal for use as a spread on sandwiches, wraps etc. use in creams and fillings, for shallow frying, sauteeing, in baking or as an ingredient.

**Features & Benefits:**

A premium spread that is polyunsaturated, salt reduced and approved by the National Heart Foundation.

- Cholesterol free.
- Premium polyunsaturated spread.
- Salt reduced.
- Ideal as a sandwich spread or for shallow frying, sauteeing in baking or as an ingredient.

**Sensitive Population:**

Contains milk and soy products.

**Temperature stored at:**

Keep refrigerated under 6°C.



## fact sheet

**Shelf life:**

9 months.

**Nutritional Information**

	per 100g
Energy	2620kJ (627Cal)
Protein	<1.0g
Fat, Total:	70.0g
Saturated	19.0g
Trans**	0.63g
Polyunsaturated	29.4g
Monounsaturated	21.0g
Cholesterol (mg)	NIL
Carbohydrates:	<1.0g
Sugars	<1.0g
Sodium	380mg
Vitamin A	1000ug
Vitamin D	10ug
Potassium	40mg
All specified values are averages.	
**Virtually free of trans fatty acids.	

Product Code	Product Description	Weight	Pack Size	Carton Size
*107111	Meadow Lea Spread Salt Reduced	500g	12	12 x 500g
*44331	Meadow Lea Spread Salt Reduced	1kg	12	12 x 1kg
<b>*Retail Line</b>				

MeadowLea

product

fact sheet

**Meadow Lea Spread Canola****Ingredients:**

Vegetable oils (canola oil\* 55%), water, skim **milk** powder and **whey** powder, salt, emulsifiers (**soybean** lecithin, 471), preservative (202), food acid (lactic), colour (beta-carotene), flavour, vitamins A & D.

**Application:**

Use as a spread on sandwiches, wraps etc., or for baking and cooking.

**Features & Benefits:**

Source of omega – 3, cholesterol free, virtually free of trans fatty acids, salt reduced.

**Sensitive Population:**

Contains soy and milk.

**Temperature stored at:**

Store at 4°C

**Shelf life:**

8 months

**Nutritional Information**

Per 100g	
Energy	2620kJ
Protein	<1g
Fat Total	70.0g
Saturated	18g
Trans	0.63g
Polyunsaturated	17g
Omega – 3	5g
ALA	5g
Monounsaturated	34g
Cholesterol (mg)	NIL
Carbohydrates	<1g
Sugars	<1g
Lactose	-
Galactose	-
Sodium	380mg
Vitamin A	1000µg (7%RDI)
Vitamin D	50µg (10%AI)
Potassium	40mg

Note: RDI is Recommended Dietary Intake  
AI is Adequate Intake



Product Code	Product Description	Weight	Pack Size	Carton Size
107113	Meadow Lea Spread Canola	500g	12	12x500g

MeadowLea

product

**Meadow Lea Spread Free****Ingredients:**

Vegetable oils, water, emulsifiers (**soybean** lecithin, 471), preservative (202), food acid (citric), colour (beta-carotene), flavour, vitamins A & D, flavour.

**Application:**

Use as a spread on sandwiches, wraps etc., or for baking and cooking.

**Features & Benefits:**

Cholesterol free, lactose free, salt free, virtually free of trans fatty acids, 25% less fat than margarine.

**Sensitive Population:**

Contains soy

**Temperature stored at:**

Store at 4°C

**Shelf life:**

8 months

## fact sheet

**Nutritional Information**

Per 100g	
Energy	2240kJ
Protein	<1g
Fat Total	60.0g
Saturated	15.7g
Trans	0.5g
Polyunsaturated	26g
Omega – 3	-
ALA	-
Monounsaturated	17.8g
Cholesterol (mg)	NIL
Carbohydrates	<1g
Sugars	0g
Lactose	0g
Galactose	0g
Sodium	380mg
Vitamin A	1000µg (7%RDI)
Vitamin D	50µg (10%AI)
Potassium	26mg

Note: RDI is Recommended Dietary Intake  
AI is Adequate Intake



Product Code	Product Description	Weight	Pack Size	Carton Size
107112	Meadow Lea Spread Free	500g	12	12x500g



# product

# fact sheet



## Mrs M<sup>C</sup>Gregor's Spread Margarine

### Description:

Mrs M<sup>C</sup>Gregor's Margarine spread.

### Ingredients:

Contains vegetable oils, (may contain soyabean oil), water, salt, emulsifiers (**soyabean**, lecithin, 471), flavour, colour (160a), food acid (citric), vitamin D. Contains 57% fats and oils.

### Application:



Use as a spread on sandwiches, wraps, etc. for shallow frying, in baking or as an ingredient.

### Features & Benefits:

- Economical.
- Great Flavour.
- Ideal for a broad range of applications.

### Sensitive Population:

Contains milk and soy products.

### Temperature stored at:

Keep refrigerated under 6°C.

### Shelf life:

9 months.



### Nutritional Information

	per 100g
Energy	2110kJ (505Cal)
Protein	0.0g
Fat, Total:	57.0g
Saturated	12.0g
Carbohydrates:	
Total	0.0g
Sugars	0.0g
Sodium	790mg
All specified values are averages.	



Product Code	Product Description	Weight	Pack Size	Carton Size
*45153	Mrs M <sup>C</sup> Gregor's Spread	500g	20	20 x 500g
*Retail Pack Size				

# GOLDEN AWARD

## product

## fact sheet



### Golden Award Margarine Spread

#### Description:

Golden Award Margarine is a full flavour Margarine Spread that offers versatility and economy for a broad range of culinary applications.

#### Ingredients:

Contains animal and vegetable fats and oils, water, salt, total **milk** solids non-fat, emulsifiers (471, **soyabean**, lecithin), food acid (330), antioxidant (320) [0.007%] flavour, colour (160a).

#### Application:



Golden Award Spread Margarine is ideal for use as a spread, in creams and filling, for shallow frying, sauteing, in baking or as an ingredient.

#### Features & Benefits:

- Economical - value for money.
- Great Flavour.
- Ideal for a broad range of applications.
- Vegetable based.

#### Sensitive Population:

Contains milk and soy products.

#### Temperature stored at:

Keep refrigerated under 6°C.

#### Shelf life:

9 months.



#### Nutritional Information

	per 100g
Energy	2250kJ (622Cal)
Protein	<1.0g
Fat, Total:	60.0g
Saturated (max)	15.0g
Carbohydrates:	
Total	<1.0g
Sugars	<1.0g
Sodium	790mg
All specified values are averages.	



Product Code	Product Description	Weight	Pack Size	Carton Size
45139	Golden Award Margarine Spread	1kg	12	12 x 1kg

MeadowLea

product

fact sheet

**Meadow Lea Spread Cholesterol Free Portion Pack****Description:**

Original. With Cholesterol Free Sunflower and Canola Oils. Meadow Lea Sunflower Canola Spread.

**Ingredients:**

Contains vegetable oils (sunflower oil 36%, canola oil 21%), water, salt, **skim milk** powder, **whey powder**, emulsifiers (**soybean**, lecithin, 471), food acid (**citric**), colour (beta-carotene), flavour, vitamins A & D.

**Application:**

Meadow Lea Original Spread in portion packs is ideal for use as a spread.

**Features & Benefits:**

Meadow Lea is the premium cholesterol free spread that has great taste while being good for your health. Packaged in a convenient portion pack, it is ideal for caterers, accommodation and leisure operators offering minimum wastage of a premium product.

**Sensitive Population:**

**Contains milk and soy products.**

**Temperature stored at:**

Keep refrigerated under 6°C.

**Shelf life:**

6 months.

**Nutritional Information**

	per 100g
Energy	2620kJ (620Cal)
Protein	<1.0g
Fat, Total:	70.0g
Saturated	19.0g
Trans**	0.63g
Polyunsaturated	29.4g
Monounsaturated	21.0g
Cholesterol (mg)	NIL
Carbohydrates:	
Total	<1.0g
Sugars	<1.0g
Sodium	790mg
Vitamin A	1000ug
Vitamin D	10ug
Potassium	14mg
All specified values are averages.	
**Virtually free of trans fatty acids.	

Product Code	Product Description	Weight	Pack Size	Carton Size
59403	Meadow Lea Spread Cholesterol Free Portion Pack	10g	250	250 x 10g

MeadowLea

## product

**Meadow Lea Spread Canola Portion Pack****Description:**

Meadow Lea Salt reduced canola spread. Canola with cholesterol free monounsaturated canola oil.

**Ingredients:**

Contains vegetable oils (canola\* 59%), water, salt, skim **milk** powder and **whey** powder, salt, emulsifiers (**soybean**, lecithin, 471), preservative (202), food acid (lactic), colour (beta-carotene), flavour, vitamins A&D.

**Application:**

Portion packs ideal for use as a spread.

**Features & Benefits:**

Meadow Lea contains the goodness of cholesterol free monounsaturated canola oil. It is salt reduced and has approval from the National Heart Foundation.

- Portion pack ideal for catering uses.
- Cholesterol free.
- Rich in Omega 3 and 6.
- Premium monounsaturated spread.

**Sensitive Population:**

**Contains milk and soy products.**

**Temperature stored at:**

Keep refrigerated under 6°C.

**Shelf life:**

6 months.



Product Code	Product Description	Weight	Pack Size	Carton Size
44707	Meadow Lea Spread Canola Portion Pack	10g	250	250 x 10g

## fact sheet

**Nutritional Information**

	per 100g
Energy	2620kJ (622Cal)
Protein	<1.0g
Fat, Total:	70.0g
Saturated	18.0g
Trans**	0.6g
Polyunsaturated	17.0g
Monounsaturated	34.0g
Cholesterol (mg)	NIL
Carbohydrates:	
Total	<1.0g
Sugars	<1.0g
Sodium	380mg
Vitamin A	1000ug
Vitamin D	10ug
Potassium	40mg
All specified values are averages.	
**Virtually free of trans fatty acids.	

MeadowLea

product

fact sheet



## Meadow Lea Free Portion Pack

### Description:

Meadow Lea Milk free, cholesterol free monounsaturated canola oil is a salt free spread.

### Ingredients:

Contains vegetable oils (canola\* 57%), water, emulsifiers (**soybean**, lecithin, 471), preservative (202), food acid (citric), colour (beta-carotene), flavour, vitamins A&D.

### Application:



Ideal for use as a spread.

### Features & Benefits:

The only portion control margarine which cares for dietary sensitivities with all the taste and texture benefits you expect from Meadow Lea.

- Portion pack ideal for catering uses.
- Cholesterol free.
- National Heart Foundation approved.
- Rich in omega 3 and 6.
- Monounsaturated Canola Spread.

### Sensitive Population:

Contains soy products.

### Temperature stored at:

Keep refrigerated under 6°C.

### Shelf life:

6 months.



### Nutritional Information

	per 100g
Energy	2620kJ (620Cal)
Protein	0.0g
Fat, Total:	70.0g
Saturated	18.2g
Trans**	0.63g
Polyunsaturated	16.8g
omega-3	5.0g
ALA	5.0g
Monounsaturated	34.4g
Cholesterol (mg)	NIL
Carbohydrates:	0.0g
Sugars	0.0g
Sodium	0mg
Vitamin A	1000ug
Vitamin D	10ug
Potassium	0mg
All specified values are averages.	
**Virtually free of trans fatty acids.	

Product Code	Product Description	Weight	Pack Size	Carton Size
60323	Meadow Lea Free Portion Pack	10g	250	250 x 10g

MeadowLea

product



## Meadow Lea Spread

### Description:

Meadow Lea Spread with Sunflower and Canola Oils.

### Ingredients:

Contains vegetable oils, water, salt, skim **milk** powder and **why** powder, emulsifiers (**soybean**, lecithin, 471), food acid (citric), colour (beta-carotene), flavour, vitamins A&D.

### Application:



Meadow Lea offers a broad range of applications where flavour and health are paramount. The perfect partner in the preparation of quality foods. Use as a spread on sandwiches and wraps. Use in creams and fillings, shallow frying, sauteeing, in baking or as an ingredient.

### Features & Benefits:

Meadow Lea is a cholesterol free premium spread in a convenient catering pack.

- Re-usable tub.
- Cholesterol free.
- Ideal as a sandwich spread or for shallow frying, sauteeing in baking or as an ingredient.

### Sensitive Population:

Contains milk and soy products.

### Temperature stored at:

Keep refrigerated under 6°C.



## fact sheet

### Shelf life:

9 months.



### Nutritional Information

	per 100g
Energy	2620kJ (627Cal)
Protein	<1.0g
Fat, Total:	70.0g
Saturated	18gm
Trans**	1.0g
Polyunsaturated	17gm
Monounsaturated	34gm
Cholesterol (mg)	NIL
Carbohydrates:	
Total	<1.0g
Sugars	<1.0g
Sodium	790mg
Vitamin A	1000ug
Vitamin D	10ug
Potassium	14mg
All specified values are averages.	
**Virtually free of trans fatty acids.	

Product Code	Product Description	Weight	Pack Size	Carton Size
44379	Meadow Lea Spread	3.5kg	2	2 x 3.5kg
84492	Meadow Lea Spread	5kg	2	2 x 5kg

# MEADOW MAID SPREAD

## product



### Meadow Maid Spread

#### Description:

Meadow Maid is a premium vegetable based margarine with a butter flavour. It is the ideal butter replacer.

#### Ingredients:

Contains vegetable fats & oils, (may contain soysabean oil) water, salt, total **milk** solids non-fat, emulsifiers (**soyabean**, lecithin, 471), flavour, food acid (330), colour (160a), vitamins A & D.



#### Application:

Meadow Maid is ideal for use as a spread, pan-frying, roux, garlic bread, icings, pound cake, butter cake, choux pastry, butter cream & mock creams.

#### Features & Benefits:

With a strong butter profile Meadow Maid is the ideal butter replacer.

- Premium vegetable based margarines.
- Excellent butter flavour.
- Versatile, ideal for cooking and baking.
- Ideal butter replacer with unsaturated fats.

#### Sensitive Population:

Contains milk and soy products.

#### Temperature stored at:

Keep refrigerated under 6°C.

#### Shelf life:

6 months.



## fact sheet



#### Nutritional Information

	per 100g
Energy	2950kJ (706Cal)
Protein	<1.0g
Fat, Total:	79.0g
Saturated (max)	28.0g
Carbohydrates:	
Total	<1.0g
Sugars	<1.0g
Sodium	400mg
Potassium	15mg
All specified values are averages.	

Product Code	Product Description	Weight	Pack Size	Carton Size
44833	Meadow Maid Spread	15kg	1	1 x 15kg



# product

# fact sheet



## ETA Catering Spread

### Description:

ETA Catering Margarine Spread.

### Ingredients:

Contains animal fats and vegetable oils, water, salt, total **milk** solids non-fat, emulsifiers (471, **soyabean**, lecithin), food acid (330), antioxidant (320) [0.007%], flavour, colour (160a).

### Application:



ETA catering spread is ideal for use as a spread, in creams and fillings, baking, shallow frying, sauteeing or as an ingredient.

### Features & Benefits:

- Great taste and value for money.
- Versatile for broad applications.
- Great mouth feel.
- Year round consistency.

### Sensitive Population:

Contains milk and soy products.

### Temperature stored at:

Keep refrigerated under 6°C.

### Shelf life:

6 months.



### Nutritional Information

	per 100g
Energy	2600kJ (622Cal)
Protein	<1.0g
Fat, Total:	70.0g
Saturated (max)	30.0g
Cholesterol	60.0g
Carbohydrates:	
Total	<1.0g
Sugars	<1.0g
Sodium	1380mg
Potassium	7mg
All specified values are averages.	



Product Code	Product Description	Weight	Pack Size	Carton Size
44378	ETA Catering Spread	10kg	1	1 x 10kg

# GOLDEN AWARD

## product

## fact sheet



### Golden Award Margarine Spread

#### Description:

Golden Award is a full flavour margarine spread that offers versatility and economy for a broad range of culinary applications.

#### Ingredients:

Contains animal and vegetable fats & oils, water, salt, total **milk** solids non-fat, emulsifiers (471, **soyabean** lecithin), food acid (330), antioxidant (320) [0.007%], flavour, colour (160a), vitamin D.

#### Application:



Golden Award Spread Margarine is ideal for use as a spread, in creams and filling, for shallow frying, sauteing, in baking or as an ingredient.

#### Features & Benefits:

- Full flavoured margarine.
- Offers excellent value.
- Ideal as a spread in all culinary applications.
- The great all-rounder at home in every kitchen.

#### Sensitive Population:

Contains milk.

#### Temperature stored at:

Keep refrigerated under 6°C.

#### Shelf life:

6 months.



#### Nutritional Information

	per 100g
Energy	2600kJ (622Cal)
Protein	<1.0g
Fat, Total:	70.0g
Saturated (max)	30.0g
Cholesterol	60.0g
Carbohydrates:	
Total	<1.0g
Sugars	<1.0g
Sodium	1380mg
Potassium	8mg
All specified values are averages.	



Product Code	Product Description	Weight	Pack Size	Carton Size
45135	Golden Award Margarine Spread	10kg	1	1 x 10kg